

Tuesday 2 July 2019

Community and Health Committee

Brentwood Health and Wellbeing Board – ‘Livewell Brentwood’ Update

Report of: *Elaine Higgins, Principal Environmental Health Officer*

Wards Affected: *All wards*

This report is: *Public*

1. Executive Summary

- 1.1. This report highlights the health and wellbeing workplan, projects that were delivered during 2018-2019 and the planned projects for 2019-20.

2. Recommendations

- 2.1 **That Members note the report detailing the work undertaken by Livewell Brentwood, the Health and Well-being Board for Brentwood in 2018-19 and the planned projects for 2019-20.**

3. Introduction and Background

- 3.1 Funding for the health and wellbeing workplan is provided through a grant from Essex County Council to fund a part time post and provide a project delivery budget, which is guaranteed to 2021.
- 3.2 Brentwood’s Health and Well-being Board was re-launched in January 2019 and will now be called ‘Livewell Brentwood’. The board met in December 2018 for the first time in 6 months after a 6-month gap in a Public Health Improvement Practitioner being in post. The board has now met 3 times and has identified the need for delivery groups which sit under the 3 main priorities;
- Ageing Well;
 - Tackling Obesity by increasing Physical Activity; and
 - Mental Health.
- 3.3 Existing partnerships were identified as the appropriate delivery groups:
- Active Brentwood (physical activity); and
 - Brentwood Community Tree (Mental Health).

Ageing well was the only group not to exist, therefore an Ageing Well Group has now been created with key partners who work with the older generation of Brentwood and also the socially isolated and vulnerable. The new group met on 1st May with 26 agencies in attendance.

- 3.4 Jo Cory (nee Grant) was employed in mid-October to work 2.5 days per week as the Public Health Improvement Practitioner, alongside her community services role.
- 3.5 There is a live Workplan document, which includes projects for 2019-20. These all sit under the 3 identified priorities from the Health and Well-being Strategy.
- 3.6 Funding spent for 2018-19 includes:
 - Support for the Cycle Brentwood project (for new cycle routes, and cycle provision, including 3 commuter bikes for the Town Hall)
 - Installation of the Warley Outdoor Gym project (now with a table tennis table as an additional element).
 - Dementia Friends Awareness training (2 Sessions)
 - Friendship Café launched (Merrymead) to reduce Social Isolation
 - TuckIN Evaluation Event and 40 businesses signed up to TuckIN
 - Mental Health small grants scheme (9 projects awarded)
- 3.7 Planned Projects for 2019-20 :
 - Mobile Community Hub - £10,000 (to buy and kit out a used Trailer) with a rural roadshow timeline built in with different themes/focus groups. This will be matched funded by CSP
 - Health roadshows to local communities using the Mobile Community Hub.
 - Further Cycle Development through Cycle Brentwood.
 - Outdoor Table Tennis Tables in Brentwood

4. Issue, Options and Analysis of Options

- 4.1 The live Workplan will be further developed as projects arise in discussion with the health and wellbeing board, the delivery groups and partners.
- 4.2 Two future Health and Wellbeing Board meetings have been agreed in July and October to ensure a discussion and development of the workplan.

5. Reasons for Recommendation

- 5.1 The Health and Wellbeing Workplan needs to reflect the priorities of the strategy, the available health data and the Essex County Council Health

and Wellbeing Strategy to ensure the health and wellbeing of Brentwood residents is maintained and improved.

6. References to Corporate Plan

- 6.1 The Council's corporate plan requires that the Health and Wellbeing Strategy is agreed.

7. Implications

Financial Implications

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The Health and wellbeing workplan is funded by a series of Essex County Council Public Health Grants. Grants are received and then Earmarked as a Reserve for future use in order to fund the projects required. The Grant also covers the cost to fund a part time post and is guaranteed to 2021.

8.0 Legal Implications

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- 8.1 There are no legal implications arising from this report.

9.0 Other Implications (where significant) – i.e. Health and Safety, Asset Management, Equality and Diversity, Risk Management, Section 17 – Crime & Disorder, Sustainability, ICT.

- 9.1 None

10.0 Appendices to this report

- Appendix A Health and Wellbeing Workplan

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